Fundraising & Prizes

www.WalkForFamilies.ca

See Participants Guide for full event details including locations, incentives, setting goals and what to expect.



- * Find a Location Near YOU! www.WalkForFamilies.ca
- * Walk When You Want Where You Want In the month of September
- **#ShowYourStripes** on Social Media September 27, 2024 (Striped socks available)

At work At play At school #ShowYourStripes

Final Step Event

Announcement and prize draws will take place on

Friday October 11th

at RMHC NL 150 Clinch Crescent, St. John's

Facebook Live

Sponsors

Presenting Sponsor



Red Work Boot Media Sponsors





Red Sneaker Provincial Sponsors





Red High Heel Provincial Sponsors







Red Flip Flop Local Event Sponsor

Support your local Red Shoe Crew Walk for Families. For information regarding sponsorships, please contact your local Event Leader or contact Ronald McDonald House®

at (709) 738-0000 or info@rmhcnl.ca

#ShowYourStripes & Make Your Steps Count for Families

Meet Ayden Cooper

In the early months of 2023, Ayden Cooper of Little Catalina, discovered a large lump that was growing on his neck. He was treated with antibiotics and over the counter medication, but the lump continued to grow. The lump had grown to surround his collar bone and was growing into his throat. He was also developing a second lump on the opposite side of his neck.

In the fall of 2023, he received a referral to see a specialist at the Janeway Children's Hospital, more than 300km away from their hometown. A CT scan showed several lumps on his neck which explained why it was becoming quite difficult for him to breathe. The family thought it would only be a day trip to St. John's, but Ayden was immediately admitted and spent the next eleven nights in the intensive care unit.

On Ayden's 14th birthday he had a biopsy that later determined it was Hodgkin's Lymphoma. "It was a very scary and unexpected for us. We thought that because of the long wait that it wasn't a big deal. But after the MRI and CT scans it was much worse than we thought. It was cancer. Cancer was the word we least expected." said Alora Fisher, Ayden's mom.

"We had such a sense of relief after finding out about Ronald McDonald House. We were at the hospital for several days for something we thought was just a day appointment. Our stress and worries were drastically reduced knowing we had a place to stay to be close to Ayden while he was in the ICU. RMHC has been our home away from home. It's a place we can be a family and do our normal routines like family meals and movie nights." Alora continued. The family were advised that Ayden would need at least five rounds of chemotherapy and there is the possibility of radiation afterwards. It would take months to complete this treatment.

While Ayden's journey is far from over, with treatments expected to continue into late 2024, the family have come to rely on the programs and services at Ronald McDonald House.



September 2024





#RedShoeCrew2024

Check website for location details: www.WalkForFamilies.ca







Make your steps count for families in September 2024

www.WalkForFamilies.ca

Name: ———
Email:
Address:
City:
Postal Code:
Team Name:
Phone #:

PLEASE READ CAREFULLY:

In consideration of the Red Shoe Crew – Walk for Families event and Ronald McDonald House® Charities Newfoundland and Labrador Inc. ("RMHCNL") accepting my entry for this event, by my signature below, I hereby release RMHCNL and all volunteers assisting in this event from liability on behalf of myself, my heirs, successors and assigns, I hereby waive any and all claims for damages whatsoever against RMHCNL and all volunteers assisting in this event, including claims for negligence and breach of contract, which I may have as a result of my participation in this event. I acknowledge that I have read this release in its entirety, and that I understand and agree to be bound by its terms. I also consent to the use of the personal information contained in this entry form for the purpose of providing tax receipts, updates from RMHC NL and soliciting my participation in future RMHCNL events. I also consent to the use of my name, my event results and photos of me from the event in any form of promotional material for RMHCNL.

Signature of participant/guardian (Over 18 Years)
Date:

MY PLEDGES

MY GOAL IS

l'm	Making	My	Steps	Count	For
D					

B	ecause			
-				

Name	Address	City	Postal	Amount*	Paid	Cheque # or Cash	For Office Use

#RedShoeCrew2024

Please make cheques payable to:
Ronald McDonald House Charities®
Newfoundland and Labrador

*Receipts issued for donations of \$10 or more. Charitable Registration # 85050 2865 RR0001

ONLINE FUNDRAISING www.WalkForFamilies.ca FUNDRAISE NOW!



Total Amount Received:

Online Fundraising Total:

GRAND TOTAL:



